

Here's some good facts about Pumpkin for your dogs:

Two common canine ailments are diarrhea and constipation. Did you know that canned pumpkin can offer a solution to both?

Diarrhea is more a symptom rather than a disease and is typically a sign that something is wrong with your dog's digestive system. A lot of things can cause diarrhea in your dog; it may have eaten something that disagrees with its body, it may have food allergies, bacterial or viral infection or a worm infestation. It may even be due to a change in its diet.

In normal cases, diarrhea has a surprisingly simple solution: canned pumpkins. Canned pumpkin is actually pumpkin in a puree form. Pumpkins are very rich in fiber and even adding two teaspoons of canned pumpkin in you dog's food helps the digestion process. Canned pumpkin has a large quantity of dietary fiber and it will also absorb the excess water present in the stool. This makes your dog's stool more firm and results can be seen within a few hours. Give your small dog one and a half to two teaspoons of canned pumpkin. For a larger dog give two tablespoons instead.

Another benefit of canned pumpkin is in treating dogs for constipation. It softens your dog's stool and can cure an upset stomach very quickly. This makes canned pumpkins one of the best natural remedies to your dog's stomach problems.

Canned pumpkin also makes a great addition to dog treats. Just add some canned pumpkin to your favorite dog treat recipes to give Fido a healthy treat.

Canned pumpkin is low in saturated fat, sodium and cholesterol. It is also a good source of Vitamin E, Magnesium, Phosphorus and Potassium and is also a very good source of dietary fiber. Some vets even recommend canned pumpkin for weight loss in dogs. Simply substitute one-third of your dog's regular food with an equivalent amount of canned pumpkin. Because it is high in fiber, canned pumpkin will make your dog fuller than it would if you just reduced their caloric intake.

Tips courtesy Virginia S Green

Next "Cleo's Pumpkin Dog Biscuits"



Here is a Pumpkin Recipe that is healthy for your dogs :)
Cleo's Pumpkin Dog Biscuits

2 eggs
1/2 cup canned pumpkin
2 tablespoons dry milk
1/4 teaspoon sea salt
2 1/2 cups brown rice flour *
1 teaspoon dried parsley (optional)

Preheat oven to 350.

In large bowl, whisk together eggs and pumpkin to smooth. Stir in dry milk, sea salt, and dried parsley (if using, optional). Add brown rice flour gradually, combining with spatula or hands to form a stiff, dry dough. Turn out onto lightly floured surface (can use the brown rice flour) and if dough is still rough, briefly knead and press to combine.

Roll dough between 1/4 - 1/2" - depending on your dog's chew preferences, - and use biscuit or other shape cutter to punch shapes, gathering and re-rolling scraps as you go. Place shapes on cookie sheet, no greasing or paper necessary. If desired, press fork pattern on biscuits before baking, a quick up-and-down movement with fork, lightly pressing down halfway through dough. Bake 20 minutes. Remove from oven and carefully turn biscuits over, then bake additional 20 minutes. Allow to cool completely on rack before feeding to dog.

* Brown rice flour gives the biscuits crunch and promotes better dog digestion. Many dogs have touchy stomachs or allergies, and do not, like many people I know, tolerate wheat.

Makes up to 75 small (1") biscuits or
50 medium biscuits

